Woodend Primary School

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Newsletter No. 11
Thursday 27th April 2017

Notes sent home/Compass this week

- Premiers Reading Challenge

Pdf's attached

- Community News
- Michael Grose – Parenting Ideas
  - *The Language of independence*

Canteen Roster

April 2017

27th Jacqui
28th Emma, Bec

May 2017

3rd Robyn
4th **HELP NEEDED**
5TH **2 HELPERS NEEDED**

Preferred Payment Method
Qkr! by MasterCard

Download the APP- its free

- ✓ **Canteen**
- ✓ **Uniforms**
- ✓ **School payments**

From the Principal, Diana Ellis

ANZAC Day

Thank you to the students, parents and staff of our school that attended the ANZAC Day ceremony in Woodend, we were well represented and our school leaders did a great job in their allocated roles.

Carlsruhe Improvements

As mentioned in previous newsletters, our goal is to have a cycle of ongoing improvements to our grounds and facilities. Below I have attached some photos of the work done at Carlsruhe including a new television, an upgrade to the bag area outside the classrooms, to install a covered walkway and to replace the steps with a ramp that meets safety standards. I have also included some extra photos our Carlsruhe Campus just to remind us how lucky we are to have such a facility.

Dog Policy

At the end of last term, School Council developed a Dog Policy to ensure all members of our school community are safe. The Policy is now enacted and we would appreciate your support in following the guidelines that state that dogs are not allowed in the school grounds or at the gates during school hours.

Road Safety

I have had a number of concerns raised about near misses with students and cars out near the

buses. We ask for your assistance in keeping our students safe. We encourage people to use the crossing as opposed to walking straight across the road in front of the bus. This is a dangerous practice as views are obscured and there have been many near misses.

Cross Country

Congratulations to our students who competed at Cobaw Cross Country last week at Hanging Rock. Some of our students made it through to the next level, a great effort.

Gardening group

Each Thursday morning a group of interested and dedicated parents meet to do work in our gardens. This week they raked up all of the Autumn leaves, that whilst beautiful, can also be a slip hazard. We appreciate their efforts to help make our school grounds look more attractive.

NAPLAN

On May 9, 10, 11 our Grade 3 & 5 students will be sitting NAPLAN. If you have reason to believe your child should be withdrawn from NAPLAN please inform us as soon as possible so that we can fill in the necessary paper work.

Uniforms

Last week I made mention of the number of students not wearing school uniform that supports our school Uniform Policy. So that we can continue to promote a culture of high expectations for our students at Woodend Primary and a culture of belonging, connectedness and school and personal pride. We would appreciate it if you would support us in implementing our polices.

School website

As part of our vision for the future and our Marketing strategy we are currently developing a new website and it is close to completion. We look forward to presenting to our school community in the near future. Thank you to the people that offered constructive suggestions for our website.

Grounds and Facilities sub-Committee

We have formed our new Grounds and facilities sub-committee and thank the people who have offered to be part of this group. We will have our first meeting on Monday night to start developing a 5 year plan.

Diana Ellis
Principal

2017

Uniform Shop: Tues during term: 8.45am – 9.15am **Student Banking -** books collected : Wednesdays

School Term Dates	T1 30.1.17 – 31.03.17	T2 18.04.17 – 30.06.17	T3 17.07.17 – 22.09.17	T4 09.10.17 – 22.12.17

Month	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Apr 2017	3	4	5	6	7	8	9
	10	11	12	13	14 Good Friday	15 Easter Saturday	16 Easter
	17 Easter Monday NO School	18 **Term 2 starts**	19	20 XCountry: Hanging Rock	21	22	23
	24	25 Anzac Day P.Holiday **NO STUDENTS**	26 G4-6 House Sports	27 PFA Meeting 7.30pm School Photo day	28	29	30
May 2017	1	2 **Book Club Due** G6 Canberra Camp	3 G6 Canberra Camp	4 G6 Canberra Camp	5 G6 Canberra Camp	6 Working Bee 9-12pm	7
	8 School Council 7pm	9	10 Mother's Day stall 2017 Junior Unit Curriculum Night	11 Open school morning 9-1pm	12	13	14 Mother's Day
	15 CDSSA Soccer	16	17 Gr5 Curumbene Camp	18 Gr5 Curumbene Camp	19 Gr5 Curumbene Camp	20	21
	22 CU1 at WPS CU2 at Carlsruhe	23	24 **LAPATHON**	25	26	27	28
	29	30	31 ICAS (Science)	1 SUSHI DAY	2	3	4
Jun 2017	5 School Council 7pm	6	7	8	9	10	11
	12 Queen's Birthday P.Holiday **NO STUDENTS**	13	14 Gr 5/6 Winter Spots ICAS (Writing/Spelling)	15	16	17	18
	19	20	21	22	23	24	25
	26 Strings Concert	27	28	29	30 End of Term 2 **2.30pm finish**		

Senior Unit News

The Year 6 students will be undertaking an education tour of the national capital on Tuesday 2nd of May. Students will be given the opportunity to participate in a variety of educational programs with a focus on Australia's history, culture, heritage and democracy.

The Australian Government recognises the importance of all young Australians being able to visit the national capital as part of their Civics and Citizenship education. To assist families in meeting the cost of the excursion the Australian Government is contributing funding of $30 per student under the Parliament and Civics Education Rebate program towards those costs. The rebate is paid directly to the school upon completion of the excursion.

The Year 6 students are all very excited and will bring back lots of memories from their time in **Canberra.**

Jordan Chamerski
Senior Unit Co-ordinator

Junior Unit Council

Thank you everyone for helping raise money for the ANZAC appeal. Your donations have been deeply appreciated. In four days Woodend Primary School raised $469.40. All this money will go to the R.S.L to help soldiers and their families during struggling times.
By Lily and Mac (JSC representatives)

Junior Unit News

News from the Junior Unit
On Monday we read books and discussed why we had the ANZAC Day holiday. JU3 made their own version of ANZAC medals which they took home and wore on ANZAC Day. Don't they look great!

Sports Report

Cross country
Last Thursday our 56 member Cross Country Team competed in the Cobaw District Schools Cross Country Championships at Hanging Rock. It was a very successful day with fabulous weather! All of our team put in their best efforts and the majority of our runners met or exceeded the personal goals they had set for their race. Well done to all competitors on their excellent efforts, sportsmanship and behaviour at the Cross Country!
Four of our students finished in the top 10 places in their events. This is a very good achievement, especially when considering that there were about 60 or more competitors in each race!

Special congratulations are due to Elsie Noonan, who finished in 4th place, Justina Flunt, in 5th place, both of whom competed in the 11 Year Girls 3km event, Tadhg Condron, who finished 6th in the 11 Year Boys 3km race and Isadora Scherer-Raetz who finished 10th in the 10 Year Girls 2km event.

Elsie, Justina and Tadhg have achieved times to qualify them for the next level of competition, being the Division Cross Country Championship, held in Bendigo on Friday May 12. Well done and best of luck in Bendigo!
A huge thank you to parents Gemma Rayner, Rohan Clear, Lauren Roberts and Brendan O'Connor for offering their assistance at the Cross Country. Big thanks of course to Mark Condon for helping to organise this successful event.

House Athletics Day
Our House Athletics Sports was postponed yesterday due to the atrocious weather conditions, much to the relief of many student participants (and staff!). We are currently deciding on a new date for this event. With a very busy school schedule in the near future the date will be at least one month away. Stay tuned with fingers crossed for better weather on the rescheduled date!

Sharon Connell
PE Teacher

Canteen News

- Please contact me if you can volunteer next Thursday and/or Friday.
- Sushi Day will be on June 1st, includes Carlsruhe delivery.
- Please let me know if you can help.
- Congrats to Steph, Joel & Ayden on the birth of their second son and brother, Mason.
- Thank you John for filling in on Wednesday.

Jenni Rossi
Canteen Manager

Hope everyone is staying warm and dry after our recent Winter preview.

Bulb Fundraiser and Easter Raffle Results
We had such a wonderful response to our Bulb fundraiser and our Easter raffle. The bulbs made a profit of $1,339.00 and the Easter raffle making a massive $2,516.00. That is such a wonderful result for our school and we would like to again say Thank You to everyone who participated.

Mother's Day Stall – WEDNESDAY 10TH MAY
This year the PFA will be running the Mother's Day stall. We will be holding it on Wednesday 10th May. Children will be able to purchase a small gift for Mum on this day. Start giving the kids a hint on what you would like. (I may end up with a 3rd pair of '#1 Mum' socks).

Carlsruhe Fair
Unfortunately due to a large number of apologies, our first Carlsruhe Fair meeting did not go ahead. Another date will be set and details sent out hopefully in next week's newsletter. We would just like to stress again, that without volunteers and people to help plan and organise, this event can't go ahead.

Sharee Paag
PFA Vice President

Next PFA meeting in the STAFF ROOM @ Woodend Primary on THURSDAY APRIL 27th @ 7:30PM

School Banking : Future Savers

CHOOSE your Reward (8th deposit) Note sent out with bank book		Reward Ordered (9th deposit) Need 1 more deposit to receive reward		Reward Distributed (10th deposit)
June Marsh Jasper Selby James McBride Emily Matheson	Elliot Summerville Ethan Tonna Dorling Justina Flunt	Lucca Hunt Kate Meacham Caitlyn Whiteman		Liam Summers Melania Flunt Hayley Alexander Audrey Cheetham Remy Savona Holmes

parenting ideas
insights

The language of Independence

By Michael Grose

Independence-building is vitally important for parents. It's the pathway to children's competency, confidence and creativity, and the short cut to resilience and real learning.

Families always develop shared language around the values that have strong meaning for them. If resilience is a shared value then there invariably will be a strong set of words and phrases about resilience factors such coping, flexibility and perseverance.

Similarly, the values of independence and self-sufficiency are reflected in a family's proprietary language. In fact, it's through shared language that culture exists. If you are looking to building a culture of independence in your family then creating your proprietary language around independence is a great way to start.

These following twelve examples of independence-building language, and the principles behind them, will help you create your own family's language.

1. Never regularly do for a child the things a child can do for him or herself

Goal: Independence

This is perhaps the original parenting-for-independence manifesto, and it's a philosophy that guides many teachers and parents today. In effect, this sentence means that wherever possible - we give children the skills and competencies to look after themselves physically and emotionally. It requires a great deal of patience, time and courage from parents and teachers as the sentence is easier to say than to put into practice. But it's a worthy guiding principle that leads to self-sufficiency in children, and ultimately redundancy as parents.

2. "Is this something you can do?"

Goal: Self-help

Independence takes many forms but perhaps the most common is the development of self-help skills. The confidence, pride and, for most, sheer pleasure that kids doing the simple things for themselves such a toddler tying his shoelaces or a child making her own lunch is immeasurable. Yet it is so easily denied by well-meaning parents and adults who see it as their job to do everything for children. Independence begins at home with the development of self-help skills.

parenting ideas

The language of Independence-building

3. "Have you checked the help roster today?"

Goal: Contribution

A great way to develop a sense of independence is to give kids opportunities to help out at home. There is no need to overburden children with jobs, but a sensible allocation of chores according to their age and study requirements is not only a great help to you, but fantastic training for them. It also builds accountability and a work ethic, both highly valued characteristics for continuing success at school and later in life.

4. "Which of these two would you prefer?"

Goal: Decision-making

Parents as wise leaders need to call the shots on how the family life is conducted, including health and welfare issues such as appropriate bed and bath times. Some things are not up for negotiation. But there are areas where parents can rightfully hand autonomy to children and say, 'It's your call!' Choice of clothes, how they keep their bedroom, what they eat and who they play with are the types of decisions they can make. Naturally, this is age-related and you do need to have some influence on their choices.

5. "How can you make this happen?"

Goal: Problem-solving

Kids get used to bringing their problems to parents to solve. If you keeping solving them, they'll keep bringing them. A problem-solving approach relies on asking good questions, which can be challenging if you are used to solving your child's problems. The first question when a child brings you a problem should be: 'Can you handle this on your own?' Next should be, 'What do you want me to do to help you solve the problem?' These questions are not meant to deter children from coming to you; rather, to encourage and teach them to start working through their own concerns themselves.

6. "We rely on you to do this."

Goal: Reliability

Reliability is closely connected to responsibility and other aspects of independence. Every child over the age of five, at the eldest, should do something that someone else relies on whether it's looking after a pet, clearing the meal table or emptying the garbage on a regular basis. Having others rely on you has its challenges and can be a learning curve. They'll inevitably forget to put the rubbish bins out on garbage night, meaning your bin will be overflowing for the next week. They'll need to be reminded about feeding the pet or clearing the table. Kids inevitably won't get things right, but that doesn't mean we should stop giving them responsibilities.

7. "What can you learn for next time?"

Goal: Self-sufficiency

Learning from mistakes is part of the independence-building process for children. Often adult impatience or unwillingness to put up with errors prevents us from giving kids the chance to do things for themselves or take real responsibilities. If independence is to be a major part of your family's culture then it's imperative that we help kids learn from their mistakes whether social, behavioural or just messing up while helping out at home.

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parenting ideas

The language of Independence-building

8. "How do you feel about this?"

Goal: Emotional intelligence

An often over-looked aspect of independence is the ability to self-manage your emotional state. Emotional self-management starts with the recognition of how you feel about a particular event or action and then labelling that feeling. If possible prompt to identify their emotions before they act on them. You can also revisit events and ask children about the feelings that may have led to a certain behaviour such as hurting or yelling at a sibling.

9. "When you muck up, you make up."

Goal: Accountability

Kids of all ages will make mistakes. In fact, mucking up is part of the learning process. But kids will just repeat their mistakes unless they experience the consequences of their decisions. The use of behavioural consequences is a way of teaching children to take greater responsibility for their lives and to learn to make smarter choices.

10. "How will you fix this?"

Goal: Restoring relationships

Independent kids are usually socially-smart kids who don't operate in a bubble. They know that their behaviour impacts on others they are mindful of the thoughts, feelings and behaviours of others. They also make amends or restore relationships when their behaviour impacts negatively on others.

Relationship restoration is a lifelong skill and involves the following: swallowing your pride, making up, giving something back, not holding a grudge and moving on.

11. "You need to do what's right, not what's easy."

Goal: Integrity

A sense of integrity is important for a child's independence because it's the basis of reasoned and socially focused self-control and self-management. The job of parents is to move their children from 'Me' to 'We'. Integrity is the great socialising agent for a child. They may get by without courage, endurance and grit but they won't get far socially without integrity.

12. "Let's find a way to make this happen."

Goal: Positive risk-taking

One of the ways to develop independence is to work with them to build their skills and abilities to safely navigate an ever-broadening environment outside of the relative safe confines of their home. Ideas include adults and kids doing things together such as catching public transport until they are ready to go it alone or with friends; and giving kids smaller freedoms that lead to bigger liberties such as allowing a young child to walk part of the way to school on their own and then extending the distance as they get more experience and feel more confident.

Independence-building is vitally important for parents. It's the pathway to children's competency, confidence and creativity, and the short cut to resilience and real learning. We've gradually retreated from this approach over recent generations much to our children's detriment. It's time to help kids reclaim their independence. Getting our language right is a good place to start as family change always begins with shared language.

Visit our website for more ideas and information to help you raise confident and resilient young people.

Special note: I'm thrilled to announce that my latest book *Spoonfed Generation: How to raise independent children* is out. It's available at parentingideas.com.au

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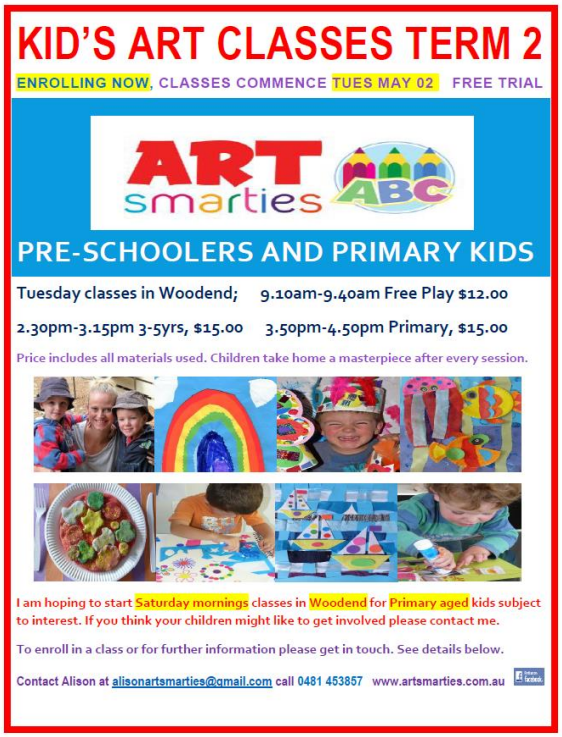
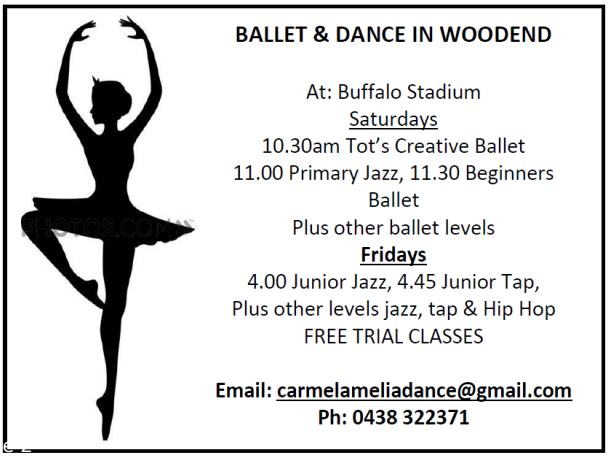
Celebrate
your Mum this
Mother's Day
by planting a tree in her honour
Trees
for Mum
Sunday 14 May 2017
9.30am to midday
Trees for Mum Woodend
Lake Earnshaw, behind Gilbert Gordon Oval
Vehicle access via Davy Street, Woodend
Everyone is welcome, there's no charge
BYO gardening gloves and boots
No need to book
Questions, call Angela on 0409 373 010
or email TreesForMumWoodend@gmail.com
This event has been generously funded by
With huge thanks to our
very generous photographer, Kim Selby
VICTORIA


KID'S ART CLASSES TERM 2
ENROLLING NOW, CLASSES COMMENCE TUES MAY 02 FREE TRIAL
ART
smarties
ABC
PRE-SCHOOLERS AND PRIMARY KIDS
Tuesday classes in Woodend; 9.10am-9.40am Free Play $12.00
2.30pm-3.15pm 3-5yrs, $15.00 3.50pm-4.50pm Primary, $15.00
Price includes all materials used. Children take home a masterpiece after every session.
I am hoping to start Saturday mornings classes in Woodend for Primary aged kids subject to interest. If you think your children might like to get involved please contact me.
To enroll in a class or for further information please get in touch. See details below.
Contact Alison at alisonartsmarties@gmail.com call 0481 453857 www.artsmarties.com.au


BALLET & DANCE IN WOODEND
At: Buffalo Stadium
Saturdays
10.30am Tot's Creative Ballet
11.00 Primary Jazz, 11.30 Beginners Ballet
Plus other ballet levels
Fridays
4.00 Junior Jazz, 4.45 Junior Tap,
Plus other levels jazz, tap & Hip Hop
FREE TRIAL CLASSES
Email: carmelameliadance@gmail.com
Ph: 0438 322371